

Washington Resource Guide

Developmental Disabilities Services:

The Division of Developmental Disabilities (DDD)

Central Office of DDD for Washington State

Mailing address:

P.O. Box 45310

Olympia, WA 98504-5310

Physical address:

640 Woodland Square Loop

Lacey, WA 98503-45310

Local: 360-725-3413

FAX: 360-407-0955

e-mail: dddcareception@dshs.wa.gov

DDD is divided into service areas called Regions. Washington State is divided into 6 regions. To find out which region serves you and your family contact the Central Office of DDD at the above telephone or website.

All children with developmental/intellectual disabilities should be signed up with DDD. If your child isn't registered, call the number of your region or the central number listed and talk to a contact person there. Once your child is registered with DDD, he/she will be assigned a case manager who will be the contact person for your child.

Medicaid:

Medicaid is handled by the Department of Social and Health Services (DSHS) in Washington State.

Benefits application or eligibility questions:

DSHS Customer Service Center

P.O. Box 11699

Tacoma, WA 98411-9905

Medicaid questions

DSHS Medical Assistance

P.O. Box 45502

Olympia, WA 98504-5502



Phone: 1-800-737-0617

Website: <http://www.dshs.wa.gov/>

The DSHS website has different phone numbers depending upon what you need. You can call the 800 number for assistance finding the information you need.

Medicaid Waiver:

The Waiver Program is through the Division of Developmental Disabilities. See above contact information about DDD.

There is a waiting list for the Medicaid Waiver program. Even with the waiting list, it is important to have your child's name on the wait list.

Social Security Income:

U.S. Social Security Administration Seattle Region

Phone: 1-800-772-1213

Although the title says the Seattle Region there is a network of offices that cover four states. Parents can apply for Social Security benefits for their child once the child is 18 years old. Parents can apply for Social Security for their child on the web site or can talk to someone at Social Security about how to apply.

Website: <http://www.ssa.gov/seattle/>

Organizations that provide information and support to parents and caregivers.

a. For King County

The Arc of King County has a number of resources listed on their web site.

Main Website: <http://www.arcofkingcounty.org/>

Community Connections: <http://www.arcofkingcounty.org/index.php/what-we-offer/community-calendar/all-community-events>

Resource Guide: <http://www.arcofkingcounty.org/what-we-offer/community-calendar>

b. For Washington State

The Arc of Washington State

2638 State Avenue NE

Olympia, WA 98506

(360) 357-5596 or Toll-free 1-888-754-8798

(360) 357-3279 Fax



The Arc of WA has contact information for the Arcs in different counties and can assist families to learn where they can go to get the information they need.
<http://www.arcofkingcounty.org/what-we-offer>

Another resource for parent information in King County is Parent Coalition which is funded through the Arc of King County. Parents in this organization provide information across the age span.

<http://www.arcofkingcounty.org/what-we-offer/king-county-family-coalition>

To find out about whether there is a Parent Coalition in your area contact the Arc of Washington.

Parent to Parent is an organization of parents trained to assist parents across the age span. There are Parent to Parent agencies in individual counties. This is the webpage for Parent to Parent of Washington State.

<http://www.arcofkingcounty.org/what-we-offer/king-county-family-coalition>

Early Intervention Services (for child under three):

- a. Washington State Early Learning – Early Support for Infants and Toddlers (ESIT)

Address: PO Box 40970, Olympia, WA 98504-0970

Phone: Family Health Hotline: 1-800-322-2588 TTY: 711 (TTY relay).

Website: <http://del.wa.gov/development/esit/>

- b. Washington State Medical Home

<http://www.medicalhome.org/>

An approach to providing coordinated care for children with disabilities. Your child's health care provider should have access to information for your area.

Respite Services and In Home Support Services:

- a. For King County

The Arc of King County has a number of resources listed on their web site.

Main Website: <http://www.arcofkingcounty.org/>

Community Connections: <http://www.arcofkingcounty.org/index.php/what-we-offer/community-calendar/all-community-events>

Resource Guide: <http://www.arcofkingcounty.org/what-we-offer>



b. For Washington State

The Arc of Washington State
2638 State Avenue NE
Olympia, WA 98506
(360) 357-5596 or Toll-free 1-888-754-8798
(360) 357-3279 Fax

The Arc of WA has contact information for the Arcs in different counties and can assist families to learn where they can go to get the information they need.

<http://www.arcwa.org/>

Services for adults ages 18 and older:

Young adults and adults are served by the same agencies that are listed above. These include; DDD, DSHS, Social Security, The Arc of King County and The Arc of Washington. Each agency has information about services that are available to individuals with developmental disabilities.

Once a child reaches the age of 18, the parents must become their legal guardians to sign legal papers, access health records, and make health care decisions for their loved one. Parents should create a Special Needs Trust for their child to protect their child's assets. In Washington State there is an Endowment Trust Fund which is a special needs trust. Parents pay into the trust and the State matches a certain percentage of what is deposited. Larry Jones and the other attorneys at his law office have been working in the area of disabilities for a number of years and will provide legal advice and services.

<http://www.arcofkingcounty.org/what-we-offer>

Joanne O'Neill is the trainer for Parent Coalition for issues that involve young adults and adults with developmental/intellectual disabilities.

<http://www.arcofkingcounty.org/what-we-offer/king-county-family-coalition>

Students with developmental/intellectual disabilities can go to school until they are 21 years old. Many students enter a transition program within the school district once they are 18 years old. The focus of the students academic work becomes community based vocational learning. Parents should talk to their students teachers and therapists to create an IEP (individual education plan) that reflects the student's transition.

<http://www.k12.wa.us/SpecialEd/Families/Transition.aspx>

Once a student is 21 years old, he or she will leave school and the focus is on finding and maintaining work to the ability of the individual. The department of Vocational Rehab is an agency that provides services to adults with developmental/intellectual disabilities.

<http://www.arcofkingcounty.org/what-we-offer/king-county-family-coalition>

